HOUSE LEADERSHIP TRAINING

Day 1
Agenda

Saturday, Jan 21st 1212 California St, Everett, WA 98201

Time	Activity	Presenter
11:30	Sign-in	Scan QR Code
12:00	**Lunch – Networking**	Soup, salad, and sandwiches
12:45	Introductions/Ice breaker How would you explain your job to a 10-year-old?	**Jason Bliss**
1:15	What is a peer leader, and what do they do?	**Alan Muia**
2:15	Recovery residence quality standards	**Michael Hardie**
3:00	**Break**	15 Minutes
3:15	Ethics vs morals—what are ethics?	**Travis Gannon**
4:15	Reporting/relaying information (scenario examples for participant participation)	**Carmin Long**
4:45	MOUD	**Amy Wheat & Julia Reardon**
5:30	**Dinner**	Spaghetti, soup, salad, bread
6:15	Self-care & boundaries for peer leaders	**Carmin Long**
7:30	**End of Day 1**	

WAQRR
Washington Alliance For Quality Recovery Residences

HOUSE LEADERSHIP TRAINING

Day 2
Agenda

Sunday, Jan 22nd 1212 California St, Everett, WA 98201

Time	Activity	Presenter
8:00	**Breakfast and Networking**	Breakfast burritos
8:45	Stress Management	**Judy Hoff**
10:15	**Break**	15 Miutes
10:30	Recovery capital basics (difference between sobriety and recovery What makes your recovery work?)	**Michael Hardie**
11:15	Conflict management in recovery homes	**Alan Muia**
12:15	**Lunch**	Pizza
1:00	Questions and open discussion	**Jason Bliss** **Alan Muia** **Carmin Long**
1:20	Surveys/Raffle	Scan QR Code
1:30	**End of Day 2**	Safe Travels

Scan or click QR code to complete the survey.

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